

# Flavour Trails Itinerary 2: Fields of Flavour

The Saanich Peninsula, set just 30 minutes south of Victoria, is a rural ramble of rolling hills, wineries, cideries, bakeries, farm-stands and much more. This road-trippers paradise will tie together the pastoral and urban to add another layer to your Island culinary experience. Visit local farms where ingredients are nurtured and foraged before you complete your gastronomic journey in downtown Victoria at one of several farm-to-table restaurants.

## **Start: Downtown Victoria**

Start the day bright and early with a short 20-minute drive from downtown Victoria to your first stop. No need to grab your morning tea or coffee en route; there will be plenty where you're headed.

## **Stop 1: Charlotte & the Quail | The Gardens at HCP**

Fuel yourself at this charming farm-to-table restaurant. After you've nourished your soul, meander around the Gardens at HCP and breathe deeply and easily as you take in this stunning botanical garden that can be enjoyed rain or shine, year-round.

## **Stop 2: Country Bee**

Hop back in the car for a quick 11-minute drive to your next stop. Taste the flavours of the Saanich Peninsula in the locally made honey at Country Bee. Sample from dozens of flavours and shop their locally made gifts and products. You'll be sure to find some goodies to bring home.

## **Stop 3: Church & State Wines**

What could be better than a beautiful vineyard on the Peninsula? Two minutes down the road, arrive at Church & State Wines. Ready for an afternoon snack? Their Tasting Bar is the perfect place to linger a while. Especially when seated overlooking the vineyard on their expansive patio. Make a note to return soon with your mat for one of their outdoor yoga classes.

## **Stop 4: Sea Cider Farm & Ciderhouse**

12 minutes from Church & State, discover Sea Cider Farm, a beautiful cidery with outstanding views of the orchard and Salish Sea. Sample their dry, sweet and seasonal sips as you nibble on delectable light bites.

## **Stop 5: Roost Vineyard Bistro, Farm Bakery & Winery**

A quick six-minute drive down the road brings you to The Roost. Stop for a caffeinated beverage and indulge in their tasty treats. This family run 10-acre farm produces the eggs baked in goodies and serves wine made from vines on site.

## **Stop 6: Snowdon House Gourmet & Gifts**

Another 6 minutes leads you to Snowdon House. A unique Douglas Fir farm where you can find elixirs, vinegars and syrups made from the fir needles, along with spices and other locally made goodies to spice up your meals back home.

## **Stop 7: Melinda's Biscotti**

A one-minute drive, or a seven-minute jaunt, brings you to Melinda's Biscotti. Try Melinda's famous Biscotti and purchase some to enjoy for dessert or the rest of your visit - we doubt it'll make the journey home with you.

## **Finish: Return to Victoria | OLO Restaurant**

With your rural ramble nearly complete, tie your culinary experience on the Peninsula together with a locally harvested meal at OLO. We recommend indulging in their tasting menu, a five-course meal with dynamic flavours and local influences.

