



OUTDOOR ADVENTURE

Four Day Sample Itinerary

Victoria is the ideal playground for outdoor adventure enthusiasts. On land or at sea, outdoor activities are possible year-round in our temperate climate. From zip lining through treetops to kayaking, diving, hiking or cycling, visitors will delight in the wild beauty of Vancouver Island.

Day One

The waters surrounding Victoria are home to an abundance of marine wildlife and are perfect for whale watching. Humpback and orca, or killer whales, are the primary whale species found in the area, but gray, and minke whales are also sighted. Sea lions, seals, porpoise and a number of marine birds are also residents.

Visitors can join local certified naturalists for a guided marine adventure tour to see and learn about these animals first-hand. A marine wildlife tour usually includes a trip to Race Rocks Ecological Reserve, the most southern part of Vancouver Island and of Canada on the Pacific coast. It is Canada's first Marine Protected Area and home to an abundance of marine life. Choose from a zodiac or covered boat – Victoria's whale watching tour operators are available to provide an experience of a lifetime.

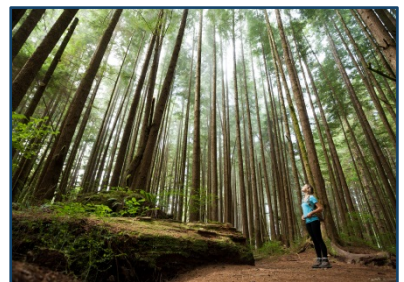
www.tourismvictoria.com/things-to-do/whale-watching/

Back on land, **Hike Victoria** offers guided adventures into the spectacular beauty of Victoria's local hiking trails. Experience the natural beauty of Victoria with a local photographer and longtime resident as he shares his favourite vistas and Victoria's hidden gems. Hike Victoria offers expertly guided scenic walks and hikes that reward with spectacular views and beauty. Hotel transport included. www.hikevictoria.com

Day Two

Have you ever wanted to fly or overcome your fear of heights while soaring over a majestic West coast forest? At Adrenaline Zipline Adventure Tours, experience an exhilarating ride up to 60km/hr as you soar up to 150 feet off the ground on eight scenic zipline courses ranging from 150 feet to an unforgettable 1,000 feet. The professionally trained guides emphasize safety and comfort, ensuring a ride full of thrills, awesome beauty and fond memories. As you descend through the forest and over the beautiful Sooke Hills, your guides will train you on important safety features and provide you with educational commentary on the local ecology and wildlife.

www.adrenalinezip.com/



Day Three

Spend the morning at **WildPlay WestShore Victoria** in active adventure experiences where you are challenged to evolve beyond self-perceived limits. Featuring a combination of Tarzan swings, ziplines, scramble nets, swinging logs and other elements between six and 53 feet above the ground, Wildplay offers an aerial adventure that is challenging, and interactive in a natural environment. WildPlay West Shore Victoria is open daily from June to September. Reservations can be made between 9 a.m. – 6 p.m. www.wildplay.com/

After a morning of flying through the trees spend the afternoon exploring Victoria by bike with **The Pedaler**. The 2-hour “Castles, ‘Hoods & Legends” city tour will allow you to discover memorable landmarks, quaint and quintessential streets, the “not to be missed” Beacon Hill Park, Craigdarroch Castle, and Canada’s oldest Chinatown. thepedaler.ca

Day Four

Head back to the ocean today; sea kayaking with **Ocean River Adventures** is the perfect way to explore Vancouver Island. The waters around Victoria offer enough coastline to keep even the most avid paddler busy for a lifetime. Lush green rainforests, towering mountain vistas and remote ocean islets are the standard backdrop to a paddler’s excursion here. To get to these magical places safely requires skill and experience. Ocean River Adventures focuses on instilling confidence through competence on the water. Ocean River Adventures is one of North America’s premier paddle sport stores, tour companies and kayak instructional centres since 1981. They are also the only kayak tour operator in Victoria with a landing craft for getting kayak groups quickly from Victoria to extraordinary Gulf Island paddling. www.oceanriver.com/

Contact Us

For more information on this and other itinerary suggestions, contact the Travel Trade team at Destination Greater Victoria.

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